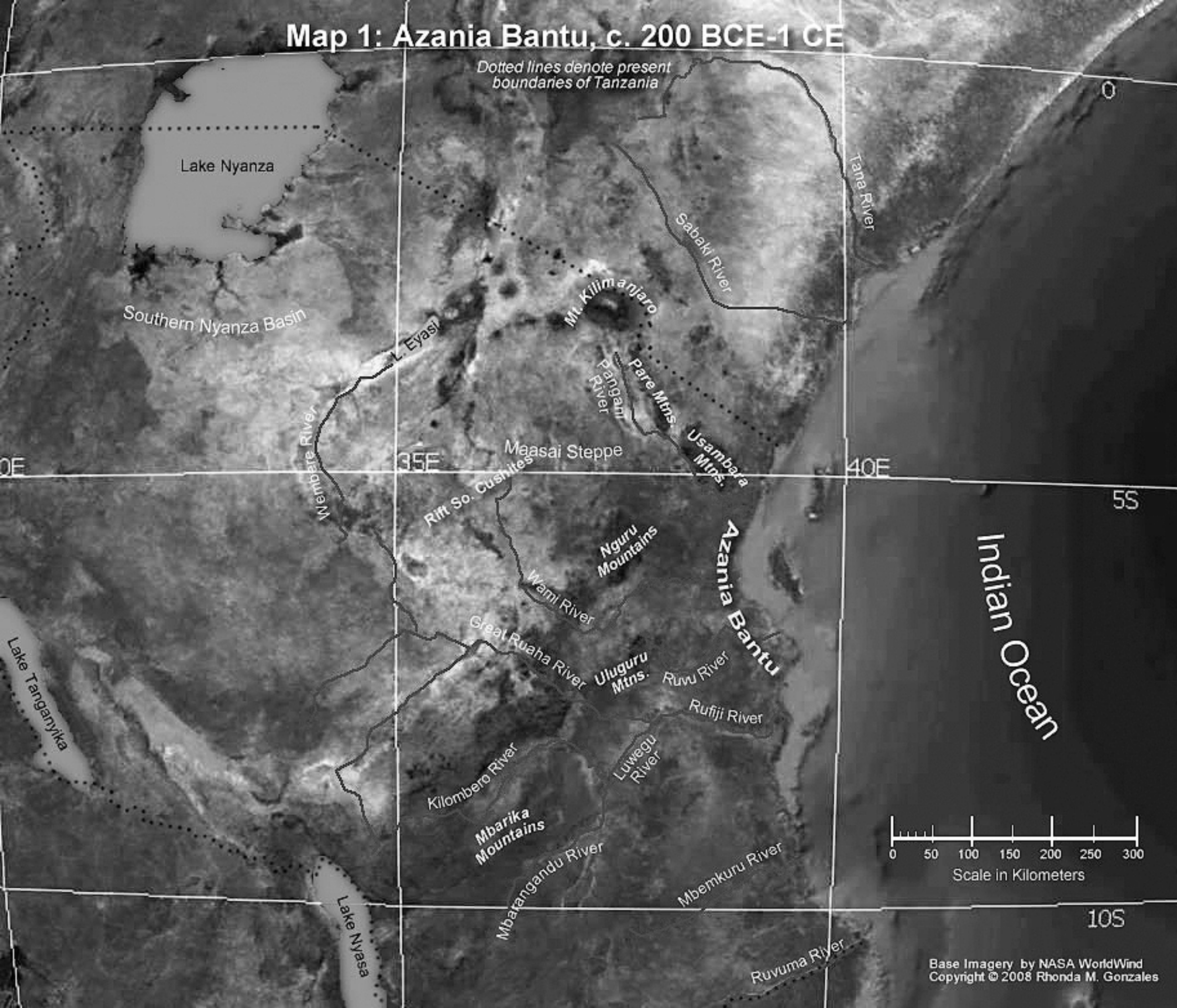


Map 1: Azania Bantu, c. 200 BCE-1 CE



Dotted lines denote present boundaries of Tanzania

Lake Nyanza

Southern Nyanza Basin

Tana River

Sabaki River

Mt. Kilimanjaro

Pangani River

Pare Mtns.

Usambara Mtns.

Maasai Steppe

Rift So. Cushites

Wembere River

35E

40E

5S

Indian Ocean

Nguru Mountains

Wami River

Azania Bantu

Great Ruaha River

Uluguru Mtns.

Ruvu River

Rufiji River

Kilombero River

Luwegu River

Mbarika Mountains

Mbatangandu River

Mbemkuru River



Scale in Kilometers

10S